

THE LEAGUE OF FRIENDS OF ALDEBURGH AND DISTRICT COMMUNITY HOSPITAL

CHARITY NUMBER 247890

Notice is hereby given that the Annual General Meeting of the above League of Friends will be held at the Church Hall, Aldeburgh, on Wednesday 2nd May 2018 at 2.30pm. Tony Bone, President, will take the chair.

Before the formal meeting commences Christine Gale, North East Community Health Team Lead, will talk to us about the local Community Nurses and Therapists. This will be followed by a presentation by Anne Parsons Sensory Garden Project Manager.

AGENDA

- 1 Apologies
- 2 To confirm the minutes of the AGM held on 3rd May 2017, copies of which will be available at the AGM and on our website www.aldeburghhospitalfriends.org.uk
- 3 Matters arising
- 4 To receive accounts for the year ended 31st December 2017, copies of which will be available at the AGM and on our website and to elect an examiner of the accounts
- 5 To receive the Chair's report for 2017/2018
- 6 Election of the Committee 2018/2019
Nominations for the Committee must be proposed and seconded and sent to the Hon. Secretary Graham Dawson by 26th April 2018. Nomination forms and details of the procedures to be followed can be obtained from our website. Mike Bone is stepping down as Treasurer as he is moving away from Suffolk. Our thanks to him for doing such an excellent job over the last 6 years.
- 7 Any Other Business

Following AOB, questions from members will be welcomed

The Committee 2017/2018

President:	Tony Bone	Chair:	Mair Dawson
Hon. Treasurer:	Mike Bone	Hon. Secretary:	Graham Dawson
June Bloomfield	Sue Donald	Nicky Gray	Jenny Jones
Elizabeth Matthias	Liz Scotchmer	Valerie Wallace	

Please note the General Data Protection Regulation, 2018 comes into force in May this year. As a charity which holds personal data, we are required to abide by the GDPR. By personal data we mean your contact details. Our data protection policy can be found on our website. The primary purpose of holding your data is to enable us to tell League of Friends members about news or events which are relevant to them, for example, talks, events and meetings notices. We will not use the data for purposes other than to enable the proper functioning of the charity. We will not use our membership list to supply third parties with address lists or other information unless required to do so under UK law. We will communicate by post and, if you have made your email address available to us, by email. You may opt out of communications from us at any time.

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Registered Charity No 247890

CHAIR'S REPORT MAY 2017/MAY 2018

I am happy to report that 2017/18 has been a very positive year for Aldeburgh Hospital. The hospital is now fully staffed thanks mainly to the flexible rota system our matron Michelle Fletcher has introduced. It has had full bed occupancy for most of the year and just recently has exceeded the 20 bed capacity due to the winter 'flu crisis. Any visitor to the hospital will surely be aware of the fantastic teamwork and cheerful atmosphere that exists.

The contract to run Suffolk Community Health Care was renewed in October for seven years thus enabling Ipswich Hospital to continue to play a prominent role and enabling a more joined up approach between acute care and care in the community.

I am pleased to tell you that the League of Friends has embarked upon and completed several projects using Funds generously donated by you and supplemented by various gifts and legacies throughout the year. We have purchased a new interactive reminiscence system to provide therapy for those patients who present with memory loss in addition to their other medical problems. The system is loaded with old movies, songs, TV shows and sporting moments and is designed to stimulate the minds of patients including those with dementia. The system allows families and carers to upload pictures of their loved ones and memories of their lives. The digital reminiscence therapy system can reduce a patient's stress levels and as a result can reduce the number of falls they have whilst in hospital.

The Friends have financed the complete refurbishment of the Beverage area in the Hospital. It is located along the corridor and now boasts a state of the art layout incorporating a new refrigerator, dishwasher, lockable cupboards and most importantly the hot water from the boiler can now only be accessed by the staff for making hot beverages and no longer presents a safety issue for those patients with dementia. On the opposite side of the corridor there is now an area devoted exclusively for flower arranging, much appreciated by the volunteers who provide the beautiful arrangements around the hospital. This project was completed in March.

We are in the process of refurbishing the Relatives/Quiet room. This provides a room away from the bustle of the ward and we hope that the décor and furnishings will give relatives often struggling with a sad diagnosis an area of sanctuary where they can chat if they wish to the Chaplain or simply rest quietly by themselves. There will also be provision to stay overnight if a relative's condition suggests that is necessary.

Our next project is to fund the replacement of the chairs in the Waiting Area so that our patients attending the numerous clinics will enjoy more comfortable seating.

We intend to assist with the refurbishment of the Gym in the Physiotherapy Unit which will benefit both outpatients and resident patients who attend the clinic.

The LOF is providing support for the establishment of a Sensory Garden which will be located at the rear of the Hospital. This garden is the brain child of Anne Parsons who has worked amazingly hard to acquire funds and is Project Managing the garden. Anne and the designer will talk at the AGM about this creation and its benefits for patients. We look forward to inviting you to the official opening of the garden in the summer.

Last but by no means least, we are still trying to get the X-ray equipment at the Hospital renewed. This is subject to a review by the CCG and Ipswich Hospital, a process that will take some time. The existing equipment was bought by the League of Friends and is becoming out of date. If we get the go ahead this will involve considerable fund raising!

None of the above could be done without the generosity of you the Friends and the enthusiasm and energy of the Committee who give generously of their time. I would like too to thank Tony Bone for his guidance in my first year in office and also Jean Flick for her support.

Mair Dawson March 2018

Dates for your diary: Opening of Hospital Sensory Garden TBC November 15th Coffee Morning Church Hall