

THE LEAGUE OF FRIENDS OF ALDEBURGH AND DISTRICT COMMUNITY HOSPITAL
CHARITY NUMBER 247890

Notice is hereby given that the Annual General Meeting of the above League of Friends will be held at the Church Hall, Aldeburgh, on Wednesday 1st May 2019 at 2.30pm.

Tony Bone, President, will take the chair

Before the formal meeting commences Helen Fairweather from Suffolk Headway will explain the aims and objectives of the Hub. This will be followed by a talk given by Denise Mann from St Elizabeth Hospice about Hospice in the Home and how it works in the community.

AGENDA

- 1** Apologies
- 2** To confirm the minutes of the AGM held on 2nd May 2018, copies of which will be available at the AGM and on our website www.aldeburghhospitalfriends.org.uk
- 3** Matters arising
- 4** To receive accounts for the year ended 31st December 2017, copies of which will be available at the AGM and on our website and to elect an examiner of the accounts
- 5** To receive the Chair's report for 2018/2019
- 6** Election of the Committee 2019/2020
Nicky Gray and June Bloomfield are retiring from the committee. Our thanks to them for their significant contributions.
The remaining members are seeking re-election. Further nominations will be welcomed.
Nominations for the Committee must be proposed and seconded and sent to the Hon. Secretary Graham Dawson by 25th April 2019. All nominations must be signed by the proposed new member giving his/her consent to be nominated (only paid up members of the Friends can be nominated).
Nomination forms can be obtained from the Hospital. The Committee shall consist of not less than nine members or more than eighteen members all of whom shall be elected at the AGM.
- 7** Any Other Business

Following AOB questions from members will be welcomed

The Committee 2018/2019

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| President: Tony Bone | Chair: Mair Dawson |
| Hon. Treasurer: Jane Linford | Hon. Secretary: Graham Dawson |
| June Bloomfield | Sue Donald |
| Nicky Gray | Jenny Jones |
| Elizabeth Matthias | Liz Scotchmer |
| Valerie Wallace | |

LEAGUE OF FRIENDS OF ALDEBURGH AND DISTRICT COMMUNITY HOSPITAL

REGISTERED CHARITY NO.247890

CHAIR'S REPORT MAY 2018/MAY2019

I am able to report that 2018/2019 has once again been a year which has seen several initiatives begun at the Hospital and also projects completed by the Friends, all of which have been made possible by your generous donations and supplemented by gifts and legacies to the Hospital throughout the year. Sadly I have to tell you that our Matron, Michelle Fletcher, is leaving Aldeburgh for pastures new. We have all benefitted from her forward thinking approach and thank her for the support she has given to all our projects.

All the chairs for the Waiting Area have now arrived and visitors to the Hospital and to the clinics will I hope enjoy the cheerful colour! We have now completed the refurbishment of the Relatives/Quiet room and all we need now is better signage to make people aware of its existence. We have provided the necessary funding for new practice steps and parallel bars that were needed in the Physiotherapy Clinic. Maintenance of the Patients' Entertainment System has also been funded.

As you would expect we have embarked upon some new programmes; the updating of the Oncology Unit will be completed this year. We are replacing the existing chairs with purpose built recliners which will be more suitable for patients receiving chemotherapy. These together with redecoration of the room, new blinds and pictures will, we hope, make a stressful experience less so.

We have provided the Community Nurses with a Doppler machine enabling them to check the blood flow of patients whom they visit at home to in a quicker and more comfortable way.

On the subject of Community Care we have been delighted to support the setting up of a Headway Hub within the Hospital. Headway Suffolk is a local charity affiliated to Headway UK. The charity offers support, rehabilitation and care to any adult living in Suffolk who has a brain injury or neurological condition. The Hub, which started at the Hospital in October 2018, meets once a week at the moment. Patients are given the opportunity to partake in cognitive and physical therapy. The Friends have supported this great initiative with funding for equipment and resources. We also have two of our volunteers assisting on a Tuesday. Many of the patients stay all day and enjoy a lunch provided by our tremendous catering service! This provides much needed social interaction and therapy for local patients and avoids a journey to Ipswich.

The Sensory Garden was completed last Autumn and you will shortly receive an invitation to the Official Opening on the afternoon of May 18th. We look forward to seeing it enjoyed by inpatients, relatives and day patients. I am glad to see the dream of Anne Parsons, without whom this garden would never have existed, finally coming true. Her dedication and fundraising abilities have been tremendous.

Our team of volunteer gardeners, who meet in all weathers, were officially recognised as they won the Community Action Suffolk Colonel Probert award for community initiative. We are all proud of them and of the beautiful gardens they create for the benefit of everyone at the Hospital. To add to their fame their efforts were also recognised in March this year as they each received a Mayor's Community Certificate presented at the Town Council AGM.

I am ending this report with almost the same paragraph as last year. We still have no confirmation about continuation of the X-ray service at Aldeburgh Hospital! Tony Bone is pursuing the issue with his typical relentless energy!

I hope you will agree that the Committee has had a fruitful year and I wish to thank them for their terrific support. Thank you too to all the volunteers and of course to you the Friends.

Mair Dawson March 2019

Dates for your diary:

May 18th - Opening of the Sensory Garden

July 28th - Open garden afternoon on behalf of St Elizabeth Hospice

November 14th - Coffee Morning Church Hall